



Rays Ice Cream Nutritional Information

We make so many flavours it's hard to keep up with producing and publishing the nutritional information for them all, so here it is for some of our best selling flavours.

	Nutritional information per 100g						
	Energy (kcal)	Fat (g)	Saturated fat (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
Banana	298	8.4	5.4	23.86	23.39	2.85	0.17
Bubblegum	316	9.02	5.78	24.76	24.2	2.95	0.18
Chocolate	328	11.27	6.22	22.52	22.08	3.59	0.18
Mint choc	333	11.38	7.66	26.16	24.63	2.85	0.17
Royal Bourbon vanilla	316	9.25	5.93	23.41	23.15	3.03	0.2
Salted Caramel	314	9.15	5.86	23.62	23.07	3.01	0.62
Vegan chocolate	175	10.06	7.34	19.63	18.55	0.81	0.03
Vegan Royal Bourbon vanilla	156	7.82	7.02	21.1	20.15	0.08	0.04